

# St. Mary's Church Lent Reflections 2026

18th-21st February

A reflection for every day of Lent, chosen for you by members of our congregation.

Holy God, Our lives are laid open before you: rescue us from the chaos of sin and through the death of your Son bring us healing and make us whole in Jesus Christ our Lord. Amen.

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## Ash Wednesday

*Chosen by Susie Reilly*

We must be ready to allow ourselves to be interrupted by God.

*Dietrich Bonhoeffer*

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## Thursday

*Chosen by Toni Hayes*

God, grant me the serenity to accept the things I cannot change,

Courage to change the things I can, and wisdom to know the difference.

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## Friday

*Chosen by Judi Higton*

Love divine, all loves excelling, joy of Heav'n to Earth come down, fix in us thy humble dwelling, all thy faithful mercies crown; Jesus, thou art all compassion, pure, unbounded love thou art; visit us with thy salvation, enter ev'ry trembling heart.

*Charles Wesley*

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## Saturday

*Chosen by James Raynard*

Rejoice in the Lord always; again, I will say, rejoice. Let your gentleness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication and with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will guard your hearts and your minds in Christ Jesus.

*Philippians 4:4-7*

